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# **HAPPIER FAMILIES - CONNECTED**

*Remote support for your family to enable you to feel less isolated, healthier and happier together.*

Registered Office: 14-16 Market Street, Gainsborough, DN21 2BE

Company Limited by Guarantee registered in England & Wales CRN 06531641 Charity Registration Number: 1123481

## What is **HAPPIER FAMILIES - CONNECTED?**

Bringing up children is not easy and the current situation is causing many families more anxiety and stress and in need of some extra help. Our Family Support Mentors can offer support through phone, video chat or messaging to help you work through the issues you are currently facing, working together to achieve the outcomes that are right for your family.

You may feel isolated and struggling with your emotional health, you could be struggling to manage routines and behaviour, be worried about your family finances or going through relationship issues. You may just need someone to talk to.

***“With  
BRIC’s  
Support,  
we found a  
way to make  
things work.”***

*- Quote from one Dad*



## How do we request support?

You can contact us via phone, email or social media to find out if the support is right for your family, or you can ask an agency to make the referral, such as a Health Visitor or Teacher.

***Want to know more?***

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